



Cowboy Chicken

Ingredients

- 6 - Chicken Breast halves, no skin,
- 1 jar (about 2 cups) your favorite Salsa (mild, medium, or hot)
- 1-2 TBLSP Brown Sugar
- 1 TBLSP Brown Mustard or Dijon Mustard

Directions

Place chicken in crock pot or casserole dish.

Mix all other ingredients in bowl and pour over chicken.

Cook in crock pot on low for about 6 hours, or bake in 375f oven for about 1 hour.

The sauce is delicious over rice, scooped up with baked tortilla chips, or even served over steamed veggies.

Number of Servings: 6

Bales family